

USER INSTRUCTIONS

Designer Canes

- Height Adjustable
- · Limited Lifetime Warranty

as unique as you are

Customer help line 1-800-557-6682

P.O. Box 3039 • Gardena CA 90247

How to Adjust Your Cane

- 1. Unscrew the outer cane sleeve lock where the base of the cane fits into the outer sleeve.
- 2. Depress the brass knob release that is visible in the series of holes for vertical height adjustment.
- 3. Lengthen or shorten cane to desired height.
- 4. Allow brass knob to pop back out to maintain desired height.
- 5. Tighten outer cane sleeve lock.

How to Fit a Cane

- 1. Wear your regular walking shoes.
- 2. The top of the cane should be even with the break in your wrist and/or your hip joint.
- 3. Place the cane 6" in front of you and 6" over to the side. Your elbow should be bent at a 20 to 30 degree angle.



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OR INCIDENTAL DAMAGES WHATSOEVER. AND FITNESS FOR A PARTICULAR PURPOSE. NOVA SHALL NOT BE LIABLE FOR ANY SEQUENTIAL IMPLIED WARRANTIES, IF ANY, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY THIS FOREGOING WARRANTY IS EXCLUSIVE AND IN LIEU OF ALL OTHER EXPRESS WARRANTIES,

and other parts subject to normal "wear and tear." augii uor exreuq ro uougalspie comboueura; iucingiud par uor iimireq ro lappel riba; usuq dliba; casrela; This warranty does not cover problems due to user negligence or misuse of the product. This warranty

to our office without prior consent.

your dealer. You will also be required to provide a receipt of your purchase. DO NOT return any products prepared to indicate the nature of the defect, the product serial number, and the name and location of the event that you do not receive satisfactory service, please call us directly at the number below. Be For warranty service, please contact the dealer from whom you purchased your NUVA U.M. product. In

This lifetime Limited Warranty repre sents our confidence in the materials and workmanship of our flonal service. This product was built to precise standards and thoroughly inspected prior to shipment. NOVA O.M. stands firm on our commitment to providing the highest quality products, as well as excep-

costs incurred in replacement or repair of this product.

be defective, it will be repaired or replaced at MOVA O.M.'s option. This warranty does not cover shipping period of lifetime from date of purchase. If within the specified warranty period, this product is proven to NOVA Ortho-Med, Inc. warrants this product to be free from defects in material or workmanship for a

Lifetime Limited Warranty

How to Walk with a Cane

- 1. Use the cane in the hand of the opposite side of your injured or weaker leg.
- 2. Stand in a triangular position. Place your good foot behind your body and your weak or injured foot in front of you opposite of the cane, forming the three points of a triangle. The toe of your weak/injured foot should line up with the cane.



- 3. Move the good foot first to the front of your body and maintain a triangular position. Then move your weak/ injured foot and the cane together in front of your good foot. Make sure that the cane tip meets the floor flatly.
- 4. Take short steps to maintain your balance.



